
Colorado's Premier Provider of Dental Implants & Periodontics

Patient Instructions Prior to Surgical Procedures

The following information outlines important instructions for you prior to your procedure. Please read the instructions carefully. These instructions are designed to minimize pre-surgical confusion. Please call our office at 303-795-5700 if you have any questions.

General Instructions Before Surgery

Take the medications prescribed by your periodontist as directed on the bottle.

- Do not smoke for at least 24 hours before surgery.
- Make sure to wear loose-fitting clothing.
- Short sleeves or shirts with sleeves that can be rolled up past the elbow must be worn.
- It's best to wear low-heeled lace-up shoes for comfort in the chair.
- Please avoid wearing lipstick or excessive makeup or nail polish on the day of surgery
- Only take the medications that were recommended to you by your Periodontist.
(Taking additional medications could result in over-sedation and serious adverse effects.)
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Probiotics (such as Culturelle and Align) can help mitigate the side effects of antibiotics.

Instructions Pre Oral Sedation (DRIVER REQUIRED) ***UBER/RIDE SHARE IS PROHIBITED***

Take the medications prescribed by your periodontist as directed on the bottle including 1.5HRS BEFORE YOUR DENTAL APPOINTMENT, take the Halcion as prescribed and bring the remainder to your appointment. This type of sedation has varying effects on people, but isn't meant to put you to sleep, rather it is solely meant to relax you for the procedure.

- A light meal and clear fluids is okay prior to the procedure.

Instructions Before IV Sedation (DRIVER REQUIRED) ***UBER/RIDE SHARE IS PROHIBITED***

Take the medications prescribed by your periodontist as directed on the bottle. This type of sedation is meant to be deeper than oral sedation.

- Do not eat 8 hours before your dental appointment.
- Do not drink any fluids 2 hours before your dental appointment.
(You may drink a small amount of water to take your medication)

****IF YOU ARE UNDERGOING ANY FORM OF SEDATION ORAL OR IV,
UBER OR ANY OTHER RIDE SHARE DOES NOT COUNT AS YOUR
DRIVER****

**Periodontal Associates – The Dental Implant Team
Colorado's Premier Provider of Periodontics and Dental Implants**

Littleton/Centennial Location:

For questions or concerns
303-795-5700

For a dental emergency outside business hours
Dr. Thousand - 303-601-4303
Dr. Fleming - 423-863-1701
denverperioimplants.com

Aurora Location:

For questions or concerns
303-755-5700

For a dental emergency outside business hours
303-755-5700
periodontalhealth.com